

RECIPE #8

DO-SI-DO SALAD

1 clove of garlic
1 medium head of cabbage
1 green pepper
2 carrots
1 small onion
1 1/4 teaspoons salt
dash of cayenne
dash of pepper
3 tablespoons butter
juice of 1/2 lemon or 1 tablespoon canned or frozen lemon juice
few springs of fresh parsley or two pinches of dried parsley
2 tablespoons chives or green onion tops

Rub salad bowl with garlic.

Cut or shred cabbage, green pepper, carrots and onion on the fine side of the grater or put through the food processor with the shredding blade.

Then toss in salad bowl with salt, pepper and cayenne.

Melt butter, combine with lemon juice, chopped parsley and chives or onion tops.

Mix with vegetables and toss gently.

Serves 6.