

SLOW COOKED TAMALES CASSEROLE

Lois Clary's



- 1 lb ground beef
- 1 egg
- 1-1/2 cup milk
- $\frac{3}{4}$ cup cornmeal
- 1 can whole kernel corn (15 $\frac{1}{4}$ ounces), drained
- 1 can diced tomatoes 14 $\frac{1}{2}$ ounces), do not drain
- 1 can (2 $\frac{1}{4}$ ounces) slice ripe olives
- 1 envelope chili seasoning (I don't use that much)
- 1 t. salt
- 1 cup shredded cheddar cheese

- Cook beef until no longer pink; drain.
- In bowl combine egg, milk and corn meal until smooth.
- Add corn, tomatoes, olives, chili seasoning & beef.
- Transfer to greased slow cooker.
- Cover & cook on high for 3 hours and 45 minutes.
- Sprinkle with cheese and cook 15 more minutes.



Special Bridal Shower Edition
Lisa & Ryan (2006)